

## Junior Tennis

Once children have reached eleven years old they move into Junior Tennis. There are two Junior Tennis coaching categories; Development & Competition. The coach/player ratio for groups 1:9. Any groups that have more than nine players will benefit from the help of an assistant in addition to the coach.

Development (10+ years). Children at this level are learning the fundamentals of spin and have an understanding of the conventional scoring system. They can change the direction of the ball to apply pressure in match situations.

Competition (13+ years). Players in this category have outgrown the Development group and have proved they can serve with spin and rally with topspin from the back of the court. Sliced ground-strokes and serve and volley can be incorporated into matches and all players will be applying pressure to their opponent by adopting strategies based on a good understanding of singles tactics.